

## THE GAA MENTAL HEALTH CHARTER Promoting Positive Mental Health & Wellbeing through the GAA

## DRUMLANE GAA CLUB

Has adopted the GAA Mental Health Charter, aimed at promoting positive mental health for all our members and the wider community in which we are situated. At the core of this charter is the R-E-S-P-E-C-T philosophy which stipulates that everyone will be treated with respect, and they will participate, enjoy and contribute to our Club without prejudice, discrimination or any other negative consequences for them or others.

It's a whole club approach to promoting positive mental health "Our Club is Our Community".

RESPONSIBLE
ENCOURAGING
SUPPORTIVE
POSITIVE
ENABLING
CONSIDERATE
TOLERANT

